

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 1 Girls 9 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Coia-Bell, Lucy	9	City of St Albans Swim Club	3:31.66
2	Gilbert, Laila	9	Team Luton	3:35.02
3	Bellis, Hannah	9	City of St Albans Swim Club	3:37.39
4	Mann, Frances	9	Stevenage Swimming Club	3:46.79
5	Paganuzzi, Francesca	9	City of St Albans Swim Club	4:13.74
---	Ledger, Sophie	9	Team Luton	DQ

8.2 Arms not brought backward under the water simultaneously throughout race (SW8.5) - fly

**Event 1 Girls 10 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Patrick, Jessica	10	City of St Albans Swim Club	2:50.02
2	Geurts, Florie	10	City of St Albans Swim Club	3:11.84
3	Holliss, Ellie F	10	City of St Albans Swim Club	3:32.46
4	Hindle, Sophie	10	Stevenage Swimming Club	3:33.77
5	Fallon, Anna	10	Team Luton	3:38.25
6	Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	3:43.35
7	Brooks, Jennifer	10	Team Luton	4:10.76
8	Kramer, Danielle	10	Hertsmere Flyers	4:18.80
---	Dunwoodie, Eilidh	10	City of St Albans Swim Club	DQ

8.1 Body not on breast during swim or when leaving wall after turn (ex when executing turn

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6.4 Not on back when leaving the wall - back

**Event 1 Girls 11 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Chown, Ella	11	City of St Albans Swim Club	2:41.79
2	Tan, Natasha	11	Hertsmere Flyers	3:11.13
3	Opoku-Gyamfi, Charlotte	11	Team Luton	3:17.82
4	Rawlinson, Harriet	11	City of St Albans Swim Club	3:23.57
5	Blakemore, Eleanor	11	Team Luton	3:35.30
---	McLaren, Sofia	11	Team Luton	DQ

6.2 Left position on the back (other than to initiate a turn) - back

**Event 1 Girls 12 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Matthews, Charlotte	12	Bishops Stortford	2:44.85
2	Wylie, Grace	12	City of St Albans Swim Club	2:46.05
3	Jarman, Megan F	12	City of St Albans Swim Club	2:46.64
4	Weston, Tori	12	City of St Albans Swim Club	3:00.95
5	Platten, Francesca	12	Stevenage Swimming Club	3:01.64
6	Rayden, Emily K	12	City of St Albans Swim Club	3:05.42
7	Galvin, Ellie	12	City of St Albans Swim Club	3:07.78
8	Walmsley, Celyn	12	Team Luton	3:09.05
9	Chadwick, Jessica J	12	City of St Albans Swim Club	3:12.02
10	Hugh, Lara	12	Hertsmere Flyers	3:21.28
---	Nicholas-Jago, Portia	12	Hertsmere Flyers	DQ

7.6 Did not touch at turn or finish with both hands - breast

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9.3 Finish of each stroke not in accordance with rules for the particular stroke - IM

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 1 Girls 13 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Stott, Shannon	13	City of St Albans Swim Club	2:29.71
2	Laitner, Jessica R	13	City of St Albans Swim Club	2:46.31
3	Wood, Eleanor	13	City of St Albans Swim Club	2:47.87
4	Green, Faith S	13	City of St Albans Swim Club	2:52.66
5	Bennett, Freya	13	City of St Albans Swim Club	2:53.06
6	Horne, Grace	13	City of St Albans Swim Club	2:55.93

**Event 1 Girls 14 Year Olds 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	M. Rizatepe, Leyla	14	City of St Albans Swim Club	2:29.54
2	Ellis, Rhiannon	14	City of St Albans Swim Club	2:55.66

**Event 1 Girls 15-16 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Lees, Emma	15	City of St Albans Swim Club	2:39.19
2	Cadenhead, Catriona	15	City of St Albans Swim Club	2:50.21
3	Hall, Eleanor	15	City of St Albans Swim Club	2:51.28

**Event 1 Girls 17-18 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Brown, Kezia	17	Bushey Amateur Swimming Club	2:45.85

**Event 1 Girls 19 & Over 200 SC Meter IM**

Sponsor: The Chown Family

	Name	Age	Team	Finals Time
1	Beard, Chloe	19	Stevenage Swimming Club	2:46.20

**Event 2 Boys 9 Year Olds 50 SC Meter Backstroke**

Sponsor: The Trewins

	Name	Age	Team	Finals Time
1	Chown, Max	9	City of St Albans Swim Club	43.87
2	Richardson, Edward	9	City of St Albans Swim Club	45.89
3	Martin, Matthew	9	City of St Albans Swim Club	46.67
4	Whyte, Nyles	9	Team Luton	48.89
5	Woolgrove, Alasdair	9	City of St Albans Swim Club	48.99
6	Gilbert, Malachi	9	Team Luton	49.00
7	Daly, Oliver	9	City of St Albans Swim Club	50.88
8	Cornforth, Benjamin	9	Team Luton	51.14
9	Rayden, Tom	9	City of St Albans Swim Club	53.75
10	Hilton, Dylan	9	City of St Albans Swim Club	56.71
11	Walsh, ben	9	Stevenage Swimming Club	1:02.17
12	Garcia-Ghuran, Alex	9	City of St Albans Swim Club	1:08.43
---	Birkett, Kieran	9	City of St Albans Swim Club	DQ

6.4 More than one single or double simultaneous arm pull used to initiate turn

**Event 2 Boys 10 Year Olds 50 SC Meter Backstroke**

Sponsor: The Trewins

	Name	Age	Team	Finals Time
1	Murtagh, Daniel	10	Stevenage Swimming Club	38.25
2	Trewin, Joshua	10	City of St Albans Swim Club	38.33
3	Flatt, Henry	10	City of St Albans Swim Club	39.95
4	Brice, Oscar	10	City of St Albans Swim Club	40.15
5	Martin, Daniel	10	City of St Albans Swim Club	41.36

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 2 Boys 10 Year Olds 50 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
6	Jarman, Thomas G	10	City of St Albans Swim Club	42.43
7	Cook, Ciaran	10	City of St Albans Swim Club	44.35
8	Wilde, JJ	10	Putteridge Swimming Club	45.43
9	Quigley, Robert	10	City of St Albans Swim Club	45.91
10	Thornley, James	10	Hertsmere Flyers	45.93
11	Tillin, Sam	10	City of St Albans Swim Club	46.54
12	Booth, George	10	City of St Albans Swim Club	48.88
13	Booth, Hugo	10	City of St Albans Swim Club	49.13
14	Page, Noah	10	Putteridge Swimming Club	50.85
15	Oakley, Samuel	10	Hertsmere Flyers	51.65
---	Jackson, Harry	10	Putteridge Swimming Club	DQ

4.4 Start before starting signal

**Event 2 Boys 11 Year Olds 50 SC Meter Backstroke****Sponsor: The Trewins**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cadenhead, Thomas	11	City of St Albans Swim Club	37.72
2	Horne, Alex	11	City of St Albans Swim Club	38.25
3	King, Charlie	11	City of St Albans Swim Club	38.99
4	Long, Thomas	11	Stevenage Swimming Club	41.88
5	Mitchell, Alasdair J	11	City of St Albans Swim Club	42.51
6	Rach, Travis	11	City of St Albans Swim Club	43.20
7	McDonald, Samuel J	11	City of St Albans Swim Club	43.32
8	Meadows, Cameron	11	City of St Albans Swim Club	43.80
9	Toland, William	11	City of St Albans Swim Club	44.18
10	Burns, Dominic	11	Stevenage Swimming Club	45.16
11	Millar, Theo C	11	City of St Albans Swim Club	46.30
12	Tudor, James	11	City of St Albans Swim Club	47.00
13	Pullan, Riley	11	City of St Albans Swim Club	48.30
14	Coupland, Maxwell	11	Stevenage Swimming Club	48.84
15	Chadney, George I	11	City of St Albans Swim Club	49.64
16	Fisher, Callum	11	Team Luton	57.46

**Event 2 Boys 12 Year Olds 50 SC Meter Backstroke****Sponsor: The Trewins**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Rinkoff, Daniel	12	Hertsmere Flyers	37.48
2	Pocock, Ryan	12	Stevenage Swimming Club	38.11
3	McCarthy, Kieran	12	City of St Albans Swim Club	38.69
4	Elsen, Joseph	12	Bushey Amateur Swimming Club	40.76
5	Brice, Scott	12	City of St Albans Swim Club	41.40
6	Cole, Sam	12	Putteridge Swimming Club	42.79
7	Robertson, Finlay J	12	City of St Albans Swim Club	44.65
8	Warburton, James	12	Hertsmere Flyers	51.24

**Event 2 Boys 13 Year Olds 50 SC Meter Backstroke****Sponsor: The Trewins**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, David	13	City of St Albans Swim Club	34.63
2	Green, Joel M	13	City of St Albans Swim Club	35.34
3	Toland, Thomas	13	City of St Albans Swim Club	35.67
4	Cook, James	13	City of St Albans Swim Club	38.17
5	Millar, Daniel	13	City of St Albans Swim Club	38.33
6	Compton, Liam	13	Putteridge Swimming Club	42.25

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 2 Boys 14 Year Olds 50 SC Meter Backstroke**

Sponsor: The Trewins

	Name	Age	Team	Finals Time
1	Keane, Callum	14	City of St Albans Swim Club	31.65
2	Loveman, George G	14	City of St Albans Swim Club	35.42
3	Brown, Jack	14	Putteridge Swimming Club	41.16

**Event 2 Boys 15-16 50 SC Meter Backstroke**

Sponsor: The Trewins

	Name	Age	Team	Finals Time
1	Schindler, Daniel	15	City of St Albans Swim Club	31.13
*2	Cook, James	15	Stevenage Swimming Club	31.59
*2	Hensman, Joseph	15	City of St Albans Swim Club	31.59
4	Down, Alexander W	15	City of St Albans Swim Club	34.60

**Event 3 Girls 9 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Coia-Bell, Lucy	9	City of St Albans Swim Club	50.30
2	Gilbert, Laila	9	Team Luton	51.57
3	Paganuzzi, Francesca	9	City of St Albans Swim Club	53.31
4	McGrath, Sarah	9	City of St Albans Swim Club	53.73
5	Samols, Jemima	9	City of St Albans Swim Club	54.25
6	Bellis, Hannah	9	City of St Albans Swim Club	55.69
7	Mann, Frances	9	Stevenage Swimming Club	56.99
8	Ellis, Iorwen	9	City of St Albans Swim Club	57.27
9	Bhagrath, Lily I	9	City of St Albans Swim Club	58.29
10	Moule, Evie	9	City of St Albans Swim Club	58.60
11	Ledger, Sophie	9	Team Luton	59.80
12	Campbell, Lara	9	Putteridge Swimming Club	1:07.73
13	Rach, Nikita	9	City of St Albans Swim Club	1:09.10
---	Reid, Anne-Marie	9	City of St Albans Swim Club	DQ

7.4 Leg movements not simultaneous (alternating leg movement)

**Event 3 Girls 10 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Jones, Laura	10	Bushey Amateur Swimming Club	49.05
2	Dunwoodie, Eilidh	10	City of St Albans Swim Club	49.60
3	Godfrey, Isabelle M	10	City of St Albans Swim Club	49.75
4	Robertson, Jessica J	10	City of St Albans Swim Club	51.69
5	Holliss, Ellie F	10	City of St Albans Swim Club	52.11
6	McGrath, Juliette	10	City of St Albans Swim Club	52.42
7	Marett, Nicola	10	Bushey Amateur Swimming Club	52.47
8	Langley, Holly	10	Team Luton	52.91
9	Kelly, Sophie A	10	City of St Albans Swim Club	54.84
10	Fallon, Anna	10	Team Luton	55.80
11	Walmsley, Menna	10	Team Luton	56.41
12	Kramer, Danielle	10	Hertsmeere Flyers	57.28
13	Hindle, Sophie	10	Stevenage Swimming Club	57.44
14	Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	57.75
15	Bourne, Yasmin	10	City of St Albans Swim Club	1:09.36
---	Stedman, Grace	10	City of St Albans Swim Club	DQ

7.1 Single fly kick not started during propulsive part of 1st arm pull or not followed by

**Event 3 Girls 11 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Opoku-Gyamfi, Charlotte	11	Team Luton	44.28
2	Woolgrove, Freya L	11	City of St Albans Swim Club	49.17
3	Mason, Millie	11	City of St Albans Swim Club	49.31

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 3 Girls 11 Year Olds 50 SC Meter Breaststroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
4	Walsh, Ruby e	11	Stevenage Swimming Club	50.41
5	Vardy, Rachel	11	Hertsmere Flyers	52.57
6	Hughes, Cara	11	Putteridge Swimming Club	52.87
7	Haestier, Tilly	11	Putteridge Swimming Club	55.64
8	Siddle, Ella	11	City of St Albans Swim Club	56.13
9	Rock, Abigail	11	Hertsmere Flyers	56.95
10	Adams, Tara	11	City of St Albans Swim Club	1:04.75
---	Blakemore, Eleanor	11	Team Luton	DQ

7.6 Did not touch at turn or finish with both hands

**Event 3 Girls 12 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Driver, Paris	12	Stevenage Swimming Club	42.73
2	Daly, Emily	12	City of St Albans Swim Club	45.25
3	Robin, Sophie J	12	City of St Albans Swim Club	45.53
4	Walmsley, Celyn	12	Team Luton	46.25
5	Hugh, Lara	12	Hertsmere Flyers	49.13

**Event 3 Girls 13 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Laitner, Jessica R	13	City of St Albans Swim Club	40.37
2	Ong, Monica	13	City of St Albans Swim Club	41.11
3	Opoku-Gyamfi, Nana	13	Team Luton	42.49
4	Brooks, Emma M	13	City of St Albans Swim Club	42.60

**Event 3 Girls 14 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Crick, Elise	14	Putteridge Swimming Club	39.13
2	Marett, Jenny	14	Bushey Amateur Swimming Club	43.51
3	Kramer, Eden	14	Hertsmere Flyers	43.95
4	Kavanagh, Mackey	14	Bushey Amateur Swimming Club	47.00

**Event 3 Girls 15-16 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hall, Eleanor	15	City of St Albans Swim Club	40.24
2	Brown, Chiara	15	Bushey Amateur Swimming Club	40.72
3	Moody, May	16	City of St Albans Swim Club	40.85
4	Eggington, Alana	15	City of St Albans Swim Club	43.09
5	Holt, Sarah	15	City of St Albans Swim Club	43.95

**Event 3 Girls 17-18 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Rosa	17	City of St Albans Swim Club	38.73
2	Brown, Kezia	17	Bushey Amateur Swimming Club	40.92

**Event 4 Boys 10 Year Olds 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murtagh, Daniel	10	Stevenage Swimming Club	1:22.91
2	Bartholomew, Cameron	10	Hillingdon SC	1:32.60
3	Flatt, Henry	10	City of St Albans Swim Club	1:38.79
4	Cook, Ciaran	10	City of St Albans Swim Club	1:59.88

**Event 4 Boys 11 Year Olds 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Arbuthnott, Freddie H	11	City of St Albans Swim Club	1:39.90
2	Burns, Dominic	11	Stevenage Swimming Club	1:48.75
3	Toland, William	11	City of St Albans Swim Club	1:48.85

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 4 Boys 12 Year Olds 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muckleston, Ben	12	City of St Albans Swim Club	1:15.57
2	Rinkoff, Daniel	12	Hertsmere Flyers	1:21.00
3	Hitchen, Elliot J	12	City of St Albans Swim Club	1:21.17
---	Rodgers, Connor	12	Putteridge Swimming Club	DQ
8.4 Finished or touched with both hands not simultaneous and separated				

**Event 4 Boys 13 Year Olds 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Green, Joel M	13	City of St Albans Swim Club	1:17.56

**Event 4 Boys 14 Year Olds 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Martin, Adam	14	Hertsmere Flyers	1:10.67

**Event 4 Boys 15-16 100 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Liam	15	City of St Albans Swim Club	58.59
2	Cook, James	15	Stevenage Swimming Club	1:09.17

**Event 5 Girls 10 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Patrick, Jessica	10	City of St Albans Swim Club	1:09.88
2	Stedman, Grace	10	City of St Albans Swim Club	1:20.67
3	Dunwoodie, Eilidh	10	City of St Albans Swim Club	1:21.31
4	Jones, Laura	10	Bushey Amateur Swimming Club	1:22.41
5	Bird, Jessie	10	Stevenage Swimming Club	1:25.02
6	Peaty, Amanda	10	City of St Albans Swim Club	1:25.82
7	Cameron, Iris	10	Stevenage Swimming Club	1:26.25
8	Sandon, Daisy	10	Stevenage Swimming Club	1:29.62
9	Marett, Nicola	10	Bushey Amateur Swimming Club	1:33.80
10	Fallon, Anna	10	Team Luton	1:34.34
11	Robertson, Jessica J	10	City of St Albans Swim Club	1:36.15
12	Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	1:37.87
13	Langley, Holly	10	Team Luton	1:38.64
14	Brooks, Jennifer	10	Team Luton	1:40.44
15	Kelly, Sophie A	10	City of St Albans Swim Club	1:42.98
16	Bourne, Yasmin	10	City of St Albans Swim Club	1:54.32

**Event 5 Girls 11 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Chown, Ella	11	City of St Albans Swim Club	1:06.41
2	Taylor, Sophie	11	City of St Albans Swim Club	1:15.57
3	Tan, Natasha	11	Hertsmere Flyers	1:15.75
4	McLeod, Jessica	11	Putteridge Swimming Club	1:17.06
5	Opoku-Gyamfi, Charlotte	11	Team Luton	1:23.89
6	Woolgrove, Freya L	11	City of St Albans Swim Club	1:24.81
7	Rumley, Emily	11	Stevenage Swimming Club	1:31.02
8	Mclaren, Sofia	11	Team Luton	1:31.53
9	Vardy, Rachel	11	Hertsmere Flyers	1:31.64
10	Hughes, Cara	11	Putteridge Swimming Club	1:31.70
11	Mason, Millie	11	City of St Albans Swim Club	1:33.97
12	Seymour, Amelia	11	City of St Albans Swim Club	1:34.16
13	Rock, Abigail	11	Hertsmere Flyers	1:35.97
14	Garcia-Ghuran, Amanda	11	City of St Albans Swim Club	1:40.18

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 5 Girls 11 Year Olds 100 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
15	Haestier, Tilly	11	Putteridge Swimming Club	1:45.57

**Event 5 Girls 12 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wylie, Grace	12	City of St Albans Swim Club	1:05.82
2	Jarman, Megan F	12	City of St Albans Swim Club	1:07.69
3	Matthews, Charlotte	12	Bishops Stortford	1:08.41
4	Turley, Jessica	12	Stevenage Swimming Club	1:08.89
5	Driver, Paris	12	Stevenage Swimming Club	1:12.37
6	Weston, Tori	12	City of St Albans Swim Club	1:13.39
7	Birkett, Emily	12	City of St Albans Swim Club	1:13.76
8	Platten, Francesca	12	Stevenage Swimming Club	1:13.83
9	Beeston, Grace	12	Putteridge Swimming Club	1:15.73
10	Walmsley, Celyn	12	Team Luton	1:17.33
11	Daly, Emily	12	City of St Albans Swim Club	1:17.41
12	Nicholas-Jago, Portia	12	Hertsmer Flyers	1:20.30
13	Chadwick, Jessica J	12	City of St Albans Swim Club	1:20.58

**Event 5 Girls 13 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Shannon	13	City of St Albans Swim Club	1:03.88
2	Wood, Eleanor	13	City of St Albans Swim Club	1:06.10
3	Green, Faith S	13	City of St Albans Swim Club	1:09.50
4	Bennett, Freya	13	City of St Albans Swim Club	1:09.97
5	Ong, Monica	13	City of St Albans Swim Club	1:14.80
6	Brockman, Anna	13	Stevenage Swimming Club	1:16.03
7	Andreeva, Marina	13	City of St Albans Swim Club	1:17.88
8	Opoku-Gyamfi, Nana	13	Team Luton	1:18.63

**Event 5 Girls 14 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	M. Rizatepe, Leyla	14	City of St Albans Swim Club	1:00.28
2	Horne, Zoe A	14	City of St Albans Swim Club	1:07.53
3	Marett, Jenny	14	Bushey Amateur Swimming Club	1:13.79
4	Kramer, Eden	14	Hertsmer Flyers	1:22.51
5	Kavanagh, Mackey	14	Bushey Amateur Swimming Club	1:24.03

**Event 5 Girls 15-16 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Lawson, Georgina	16	City of St Albans Swim Club	1:00.25
2	Geers, Heather	15	City of St Albans Swim Club	1:05.03
3	Cadenhead, Catriona	15	City of St Albans Swim Club	1:06.23
4	Lees, Emma	15	City of St Albans Swim Club	1:06.26
5	Moody, May	16	City of St Albans Swim Club	1:06.97
6	Baradaran, Kimia	15	Hertsmer Flyers	1:08.48
7	Gooden, Briony	16	Bushey Amateur Swimming Club	1:08.75
8	Hall, Eleanor	15	City of St Albans Swim Club	1:09.37
9	Springer, Mia	15	Bushey Amateur Swimming Club	1:11.97
10	Brown, Chiara	15	Bushey Amateur Swimming Club	1:13.49
11	Holt, Sarah	15	City of St Albans Swim Club	1:15.54

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 6 Boys 9 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Whyte, Nyles	9	Team Luton	40.29
2	Chown, Max	9	City of St Albans Swim Club	40.89
3	Richardson, Edward	9	City of St Albans Swim Club	41.43
4	Woolgrove, Alasdair	9	City of St Albans Swim Club	42.30
5	Birkett, Kieran	9	City of St Albans Swim Club	43.06
6	Mason, Joseph	9	City of St Albans Swim Club	45.03
7	Martin, Matthew	9	City of St Albans Swim Club	45.05
8	Cornforth, Benjamin	9	Team Luton	45.57
9	Gilbert, Malachi	9	Team Luton	45.76
10	Browne, Rafael	9	Stevenage Swimming Club	46.12
11	Rayden, Tom	9	City of St Albans Swim Club	49.23
12	Daly, Oliver	9	City of St Albans Swim Club	49.83
13	Lee-Baron, Ethan	9	City of St Albans Swim Club	52.52
14	Hilton, Dylan	9	City of St Albans Swim Club	54.63
15	Garcia-Ghuran, Alex	9	City of St Albans Swim Club	1:00.69

**Event 6 Boys 10 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murtagh, Daniel	10	Stevenage Swimming Club	33.78
2	Jex, Edward	10	City of St Albans Swim Club	34.67
3	Trewin, Joshua	10	City of St Albans Swim Club	35.34
4	Jarman, Thomas G	10	City of St Albans Swim Club	35.62
5	Cook, Ciaran	10	City of St Albans Swim Club	36.86
6	Pannese, Joseph	10	City of St Albans Swim Club	36.99
7	Wilde, JJ	10	Putteridge Swimming Club	37.18
8	Brice, Oscar	10	City of St Albans Swim Club	37.65
9	Kotecha, Arjun	10	City of St Albans Swim Club	38.10
10	Martin, Daniel	10	City of St Albans Swim Club	38.79
11	McLaren, Steven	10	Team Luton	39.64
12	Bottomley, Alex	10	City of St Albans Swim Club	39.73
13	Booth, George	10	City of St Albans Swim Club	39.78
14	Newsham, Ethan	10	City of St Albans Swim Club	39.93
15	Tillin, Sam	10	City of St Albans Swim Club	40.05
16	Thornley, James	10	Hertsmere Flyers	40.63
17	Jackson, Harry	10	Putteridge Swimming Club	41.57
18	Quigley, Robert	10	City of St Albans Swim Club	42.93
19	Booth, Hugo	10	City of St Albans Swim Club	43.02
20	Page, Noah	10	Putteridge Swimming Club	45.12
21	Hop, Tyler	10	City of St Albans Swim Club	47.91

**Event 6 Boys 11 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muncer, Guy	11	City of St Albans Swim Club	32.19
2	Cadenhead, Thomas	11	City of St Albans Swim Club	32.80
3	Horne, Alex	11	City of St Albans Swim Club	34.73
4	King, Charlie	11	City of St Albans Swim Club	35.14
5	Long, Thomas	11	Stevenage Swimming Club	35.72
6	Meadows, Cameron	11	City of St Albans Swim Club	36.26
7	Burns, Dominic	11	Stevenage Swimming Club	36.77
8	McDonald, Samuel J	11	City of St Albans Swim Club	36.92
9	Tudor, James	11	City of St Albans Swim Club	38.10
10	Coupland, Maxwell	11	Stevenage Swimming Club	38.79



**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 6 Boys 11 Year Olds 50 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
11	Griggs, Luke	11	Putteridge Swimming Club	39.17
12	Mitchell, Alasdair J	11	City of St Albans Swim Club	40.17
13	Toland, William	11	City of St Albans Swim Club	42.65
14	Pullan, Riley	11	City of St Albans Swim Club	43.28
15	Fisher, Callum	11	Team Luton	45.42
16	Chadney, George I	11	City of St Albans Swim Club	45.45
17	Wagman, Sam	11	Hertsmere Flyers	45.56
18	Brockman, Will	11	Stevenage Swimming Club	50.21

**Event 6 Boys 12 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hitchen, Elliot J	12	City of St Albans Swim Club	31.66
2	Rinkoff, Daniel	12	Hertsmere Flyers	32.73
3	Pocock, Ryan	12	Stevenage Swimming Club	33.52
4	Brice, Scott	12	City of St Albans Swim Club	35.49
5	Uzwyshyn-Jones, Maksym T	12	City of St Albans Swim Club	35.57
6	Elesin, Tolu	12	Hertsmere Flyers	35.59
7	Elsen, Joseph	12	Bushey Amateur Swimming Club	35.81
8	Norman, Oliver S	12	City of St Albans Swim Club	36.31
9	Cole, Sam	12	Putteridge Swimming Club	36.74
10	Williams, Godfrey	12	Team Luton	37.03
11	Paganuzzi, Louis	12	City of St Albans Swim Club	37.08
12	Robertson, Finlay J	12	City of St Albans Swim Club	39.01
13	Warburton, James	12	Hertsmere Flyers	40.43

**Event 6 Boys 13 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cook, Matthew	13	Stevenage Swimming Club	28.58
2	Stewart, Nathan	13	Stevenage Swimming Club	30.93
3	Green, Joel M	13	City of St Albans Swim Club	31.16
4	Millar, Daniel	13	City of St Albans Swim Club	31.55
5	Muncer, Ralph	13	City of St Albans Swim Club	31.80
6	Toland, Thomas	13	City of St Albans Swim Club	31.99
7	Mulholland, Krishnan	13	City of St Albans Swim Club	33.00
8	Wakeling, Ollie	13	City of St Albans Swim Club	34.93
9	Oakley, Peter	13	Hertsmere Flyers	35.80
10	Compton, Liam	13	Putteridge Swimming Club	36.01
---	Cook, James	13	City of St Albans Swim Club	DQ

4.4 Start before starting signal

**Event 6 Boys 14 Year Olds 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ong, Alexander	14	City of St Albans Swim Club	27.42
2	Keane, Callum	14	City of St Albans Swim Club	29.85
3	Loveman, George G	14	City of St Albans Swim Club	30.93
4	Brown, Jack	14	Putteridge Swimming Club	31.33
5	Brown, Harry	14	City of St Albans Swim Club	32.53

**Event 6 Boys 15-16 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Liam	15	City of St Albans Swim Club	24.92
2	Cook, James	15	Stevenage Swimming Club	26.11
3	Manning, Harry W	16	City of St Albans Swim Club	26.52

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 6 Boys 15-16 50 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
4	Schindler, Daniel	15	City of St Albans Swim Club	26.84
5	Crick, Leone	16	Putteridge Swimming Club	27.05
6	Murray, Joe	15	Putteridge Swimming Club	27.67
7	Down, Alexander W	15	City of St Albans Swim Club	27.92
8	Hensman, Joseph	15	City of St Albans Swim Club	28.83

**Event 6 Boys 17-18 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Jackson, Jack	18	Bushey Amateur Swimming Club	26.84

**Event 6 Boys 19 & Over 50 SC Meter Freestyle****Sponsor: The Schindler family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Binns, Kevin	52	Bushey Amateur Swimming Club	28.86

**Event 7 Girls 9 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Bellis, Hannah	9	City of St Albans Swim Club	49.48
2	Coia-Bell, Lucy	9	City of St Albans Swim Club	50.62
3	Moule, Evie	9	City of St Albans Swim Club	50.94
4	Mann, Frances	9	Stevenage Swimming Club	55.60
5	Ledger, Sophie	9	Team Luton	56.51
6	Bhagrath, Lily I	9	City of St Albans Swim Club	57.68
7	McGrath, Sarah	9	City of St Albans Swim Club	58.49
8	Samols, Jemima	9	City of St Albans Swim Club	1:03.18
9	Paganuzzi, Francesca	9	City of St Albans Swim Club	1:03.87

**Event 7 Girls 10 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Jones, Laura	10	Bushey Amateur Swimming Club	41.80
2	Dunwoodie, Eilidh	10	City of St Albans Swim Club	41.82
3	Sandon, Daisy	10	Stevenage Swimming Club	43.33
4	Godfrey, Isabelle M	10	City of St Albans Swim Club	43.87
5	McGrath, Juliette	10	City of St Albans Swim Club	45.71
6	Holliss, Ellie F	10	City of St Albans Swim Club	46.16
7	Peaty, Amanda	10	City of St Albans Swim Club	46.57
8	Hindle, Sophie	10	Stevenage Swimming Club	46.98
9	Kent, Bailey	10	Stevenage Swimming Club	49.81
10	Cameron, Iris	10	Stevenage Swimming Club	50.48
11	Walmsley, Menna	10	Team Luton	51.80
12	Fallon, Anna	10	Team Luton	52.58
13	Kramer, Danielle	10	Hertsmere Flyers	1:01.04

**Event 7 Girls 11 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Tan, Natasha	11	Hertsmere Flyers	38.94
2	Taylor, Sophie	11	City of St Albans Swim Club	40.26
3	Mason, Millie	11	City of St Albans Swim Club	46.66
4	Blakemore, Eleanor	11	Team Luton	48.06
5	Vardy, Rachel	11	Hertsmere Flyers	49.39

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 7 Girls 12 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Jarman, Megan F	12	City of St Albans Swim Club	34.94
2	Matthews, Charlotte	12	Bishops Stortford	35.10
3	Driver, Paris	12	Stevenage Swimming Club	35.48
4	Turley, Jessica	12	Stevenage Swimming Club	35.99
5	Rayden, Emily K	12	City of St Albans Swim Club	39.31
6	Daly, Emily	12	City of St Albans Swim Club	40.09
7	Galvin, Ellie	12	City of St Albans Swim Club	40.36
8	Walmsley, Celyn	12	Team Luton	43.03
9	Nicholas-Jago, Portia	12	Hertsmeres Flyers	52.27

**Event 7 Girls 13 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Shannon	13	City of St Albans Swim Club	31.26
2	Brooks, Emma M	13	City of St Albans Swim Club	34.97
3	Opoku-Gyamfi, Nana	13	Team Luton	37.86
4	Bennett, Freya	13	City of St Albans Swim Club	38.06
5	Laitner, Jessica R	13	City of St Albans Swim Club	39.07
6	Andreeva, Marina	13	City of St Albans Swim Club	41.89

**Event 7 Girls 14 Year Olds 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Crick, Elise	14	Putteridge Swimming Club	35.29
2	Ellis, Rhiannon	14	City of St Albans Swim Club	37.45
3	Sulaman, Lara	14	Bushey Amateur Swimming Club	38.56
4	Kramer, Eden	14	Hertsmeres Flyers	42.23
5	Kavanagh, Mackey	14	Bushey Amateur Swimming Club	45.02

**Event 7 Girls 15-16 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Moody, May	16	City of St Albans Swim Club	34.33
2	Baradaran, Kimia	15	Hertsmeres Flyers	34.68
3	Bailey, Ella	15	Bushey Amateur Swimming Club	35.17
4	Springer, Mia	15	Bushey Amateur Swimming Club	37.59
5	Gooden, Briony	16	Bushey Amateur Swimming Club	37.86

**Event 7 Girls 17-18 50 SC Meter Butterfly****Sponsor: The Jarman Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hawkins, Rachel	17	Swim Bournemouth	31.97
2	Curran, Rosa	17	City of St Albans Swim Club	32.35
3	Brown, Kezia	17	Bushey Amateur Swimming Club	35.32

**Event 8 Boys 10 Year Olds 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Bartholomew, Cameron	10	Hillingdon SC	1:45.49
2	Brice, Oscar	10	City of St Albans Swim Club	1:48.72
3	Newsham, Ethan	10	City of St Albans Swim Club	1:51.43
4	Pannese, Joseph	10	City of St Albans Swim Club	1:53.73
5	Tillin, Sam	10	City of St Albans Swim Club	1:53.89
6	Bottomley, Alex	10	City of St Albans Swim Club	1:55.69
7	Jackson, Harry	10	Putteridge Swimming Club	1:56.49

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 8 Boys 10 Year Olds 100 SC Meter Breaststroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
8	Booth, George	10	City of St Albans Swim Club	2:01.12
9	Booth, Hugo	10	City of St Albans Swim Club	2:05.83
---	McLaren, Steven	10	Team Luton	DQ

7.4 Leg movements not on the same plane

**Event 8 Boys 11 Year Olds 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muncer, Guy	11	City of St Albans Swim Club	1:36.94
2	Long, Thomas	11	Stevenage Swimming Club	1:45.04
3	Tudor, James	11	City of St Albans Swim Club	1:46.99
4	Millar, Theo C	11	City of St Albans Swim Club	1:47.98
5	Arbuthnott, Freddie H	11	City of St Albans Swim Club	1:49.26
6	Brockman, Will	11	Stevenage Swimming Club	1:55.37
7	Wagman, Sam	11	Hertsmere Flyers	2:08.01
8	Fisher, Callum	11	Team Luton	2:12.62

**Event 8 Boys 12 Year Olds 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	McCarthy, Kieran	12	City of St Albans Swim Club	1:29.73
2	Norman, Oliver S	12	City of St Albans Swim Club	1:38.22
3	Brice, Scott	12	City of St Albans Swim Club	1:41.34
4	Uzwyshyn-Jones, Maksym T	12	City of St Albans Swim Club	1:42.55
5	Paganuzzi, Louis	12	City of St Albans Swim Club	1:50.44
6	Warburton, James	12	Hertsmere Flyers	1:55.68
---	Elesin, Tolu	12	Hertsmere Flyers	DQ

7.6 Did not touch at turn or finish with both hands

**Event 8 Boys 13 Year Olds 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, David	13	City of St Albans Swim Club	1:22.00
2	Muncer, Ralph	13	City of St Albans Swim Club	1:22.64
3	Oakley, Peter	13	Hertsmere Flyers	1:41.03
4	Compton, Liam	13	Putteridge Swimming Club	1:42.16

**Event 8 Boys 14 Year Olds 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ong, Alexander	14	City of St Albans Swim Club	1:10.70
2	Loveman, George G	14	City of St Albans Swim Club	1:20.80
3	Keane, Callum	14	City of St Albans Swim Club	1:23.85
4	Brown, Harry	14	City of St Albans Swim Club	1:36.32

**Event 8 Boys 15-16 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Liam	15	City of St Albans Swim Club	1:15.35
2	Murray, Joe	15	Putteridge Swimming Club	1:15.48

**Event 8 Boys 17-18 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, Peter	17	City of St Albans Swim Club	1:10.64

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 8 Boys 19 & Over 100 SC Meter Breaststroke****Sponsor: The Ong Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Loveman, James J	20	City of St Albans Swim Club	1:04.85

**Event 9 Girls 10 Year Olds 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Patrick, Jessica	10	City of St Albans Swim Club	1:15.73
2	Geurts, Florie	10	City of St Albans Swim Club	1:23.42
3	Stedman, Grace	10	City of St Albans Swim Club	1:30.32
4	Dunwoodie, Eilidh	10	City of St Albans Swim Club	1:30.86
5	Sandon, Daisy	10	Stevenage Swimming Club	1:34.57
6	Hindle, Sophie	10	Stevenage Swimming Club	1:37.55
7	Fallon, Anna	10	Team Luton	1:40.95
8	Cameron, Iris	10	Stevenage Swimming Club	1:42.00
9	Langley, Holly	10	Team Luton	1:53.73
10	Brooks, Jennifer	10	Team Luton	1:58.53

**Event 9 Girls 11 Year Olds 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Chown, Ella	11	City of St Albans Swim Club	1:15.55
2	Taylor, Sophie	11	City of St Albans Swim Club	1:22.37
3	Woolgrove, Freya L	11	City of St Albans Swim Club	1:30.58
4	McLeod, Jessica	11	Putteridge Swimming Club	1:31.52
5	Rawlinson, Harriet	11	City of St Albans Swim Club	1:32.79
6	Opoku-Gyamfi, Charlotte	11	Team Luton	1:34.50
7	Rumley, Emily	11	Stevenage Swimming Club	1:43.85
---	Seymour, Amelia	11	City of St Albans Swim Club	DQ
	6.2 Left position on the back (other than to initiate a turn)			
---	Tan, Natasha	11	Hertsmere Flyers	DQ
	6.4 Single or double simultaneous arm pull used to initiate turn not performed immediately			

**Event 9 Girls 12 Year Olds 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wylie, Grace	12	City of St Albans Swim Club	1:13.53
2	Matthews, Charlotte	12	Bishops Stortford	1:17.40
3	Driver, Paris	12	Stevenage Swimming Club	1:21.40
4	Weston, Tori	12	City of St Albans Swim Club	1:22.00
5	Galvin, Ellie	12	City of St Albans Swim Club	1:22.37
6	Birkett, Emily	12	City of St Albans Swim Club	1:23.59
7	Platten, Francesca	12	Stevenage Swimming Club	1:24.95
8	Beeston, Grace	12	Putteridge Swimming Club	1:27.98
9	Walmsley, Celyn	12	Team Luton	1:28.49
10	Rayden, Emily K	12	City of St Albans Swim Club	1:29.59
11	Chadwick, Jessica J	12	City of St Albans Swim Club	1:30.49

**Event 9 Girls 13 Year Olds 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wood, Eleanor	13	City of St Albans Swim Club	1:16.81
2	Horne, Grace	13	City of St Albans Swim Club	1:17.41
3	Green, Faith S	13	City of St Albans Swim Club	1:18.01
4	Brockman, Anna	13	Stevenage Swimming Club	1:25.56
5	Opoku-Gyamfi, Nana	13	Team Luton	1:31.87

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 9 Girls 14 Year Olds 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Horne, Zoe A	14	City of St Albans Swim Club	1:13.19
2	M. Rizatepe, Leyla	14	City of St Albans Swim Club	1:16.63

**Event 9 Girls 15-16 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Lawson, Georgina	16	City of St Albans Swim Club	1:10.91
2	Lees, Emma	15	City of St Albans Swim Club	1:12.99
3	Geers, Heather	15	City of St Albans Swim Club	1:15.28
4	Cadenhead, Catriona	15	City of St Albans Swim Club	1:22.97
5	Gooden, Briony	16	Bushey Amateur Swimming Club	1:24.60
6	Bailey, Ella	15	Bushey Amateur Swimming Club	1:25.51
7	Holt, Sarah	15	City of St Albans Swim Club	1:26.89

**Event 9 Girls 17-18 100 SC Meter Backstroke****Sponsor: The Patrick Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hawkins, Rachel	17	Swim Bournemouth	1:15.40

**Event 10 Boys 9 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Richardson, Edward	9	City of St Albans Swim Club	3:22.00
2	Whyte, Nyles	9	Team Luton	3:25.23
3	Cornforth, Benjamin	9	Team Luton	3:39.41
4	Birkett, Kieran	9	City of St Albans Swim Club	3:45.76
5	Woolgrove, Alasdair	9	City of St Albans Swim Club	3:46.84
6	Martin, Matthew	9	City of St Albans Swim Club	3:54.82
7	Lee-Baron, Ethan	9	City of St Albans Swim Club	4:19.98
8	Hilton, Dylan	9	City of St Albans Swim Club	4:29.29

**Event 10 Boys 10 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murtagh, Daniel	10	Stevenage Swimming Club	2:48.36
2	Jex, Edward	10	City of St Albans Swim Club	2:52.34
3	Cook, Ciaran	10	City of St Albans Swim Club	2:58.57
4	Jarman, Thomas G	10	City of St Albans Swim Club	3:00.66
5	Trewin, Joshua	10	City of St Albans Swim Club	3:02.98
6	Wilde, JJ	10	Putteridge Swimming Club	3:12.21
7	Thornley, James	10	Hertsmere Flyers	3:25.16
8	McLaren, Steven	10	Team Luton	3:30.69
9	Newsham, Ethan	10	City of St Albans Swim Club	3:31.77
10	Quigley, Robert	10	City of St Albans Swim Club	3:33.94
11	Booth, Hugo	10	City of St Albans Swim Club	3:49.21
12	Page, Noah	10	Putteridge Swimming Club	4:00.18

**Event 10 Boys 11 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cadenhead, Thomas	11	City of St Albans Swim Club	2:34.79
2	Muncer, Guy	11	City of St Albans Swim Club	2:44.91
3	Long, Thomas	11	Stevenage Swimming Club	2:54.11
4	Mitchell, Alasdair J	11	City of St Albans Swim Club	3:07.79
5	Arbuthnott, Freddie H	11	City of St Albans Swim Club	3:07.94

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 10 Boys 11 Year Olds 200 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
6	Rach, Travis	11	City of St Albans Swim Club	3:15.52
7	Griggs, Luke	11	Putteridge Swimming Club	3:16.79

**Event 10 Boys 12 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muckleston, Ben	12	City of St Albans Swim Club	2:23.27
2	Pocock, Ryan	12	Stevenage Swimming Club	2:33.15
3	Rinkoff, Daniel	12	Hertsmere Flyers	2:34.65
4	McCarthy, Kieran	12	City of St Albans Swim Club	2:40.12
5	Graci, Raffaele	12	Putteridge Swimming Club	2:41.84
6	Cole, Sam	12	Putteridge Swimming Club	3:00.93
7	Paganuzzi, Louis	12	City of St Albans Swim Club	3:06.18
8	Warburton, James	12	Hertsmere Flyers	3:27.05

**Event 10 Boys 13 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muncer, Ralph	13	City of St Albans Swim Club	2:22.71
2	Toland, Thomas	13	City of St Albans Swim Club	2:27.33
3	Millar, Daniel	13	City of St Albans Swim Club	2:27.85
4	Stewart, Nathan	13	Stevenage Swimming Club	2:31.68
5	Cook, James	13	City of St Albans Swim Club	2:37.19

**Event 10 Boys 14 Year Olds 200 SC Meter Freestyle****Sponsor: The Cook family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Martin, Adam	14	Hertsmere Flyers	2:13.34

**Event 11 Boys 9 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Chown, Max	9	City of St Albans Swim Club	3:42.03
2	Whyte, Nyles	9	Team Luton	3:52.07
3	Gilbert, Malachi	9	Team Luton	4:05.99
4	Birkett, Kieran	9	City of St Albans Swim Club	4:07.92
---	Richardson, Edward	9	City of St Albans Swim Club	DQ
	6.2 Left position on the back (other than to initiate a turn) - back			
---	Cornforth, Benjamin	9	Team Luton	DQ
	8.2 Arms not brought forward over the water - fly			

**Event 11 Boys 10 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murtagh, Daniel	10	Stevenage Swimming Club	3:06.36
2	Bartholomew, Cameron	10	Hillingdon SC	3:12.19
3	Jex, Edward	10	City of St Albans Swim Club	3:12.42
4	Flatt, Henry	10	City of St Albans Swim Club	3:17.80
5	Brice, Oscar	10	City of St Albans Swim Club	3:22.06
6	Martin, Daniel	10	City of St Albans Swim Club	3:41.07
7	Quigley, Robert	10	City of St Albans Swim Club	4:05.54

**Event 11 Boys 11 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Foreman, Joshua	11	Hertsmere Flyers	2:56.76
2	Cadenhead, Thomas	11	City of St Albans Swim Club	2:58.67
3	Muncer, Guy	11	City of St Albans Swim Club	3:01.04
4	Warnock, Alfie	11	Putteridge Swimming Club	3:09.73
5	Horne, Alex	11	City of St Albans Swim Club	3:10.81

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 11 Boys 11 Year Olds 200 SC Meter IM)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
6	King, Charlie	11	City of St Albans Swim Club	3:11.82
---	Arbuthnott, Freddie H	11	City of St Albans Swim Club	DQ
	6.2 Left position on the back (other than to initiate a turn) - back			

**Event 11 Boys 12 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hitchen, Elliot J	12	City of St Albans Swim Club	2:57.91
2	McCarthy, Kieran	12	City of St Albans Swim Club	3:00.50
3	Norman, Oliver S	12	City of St Albans Swim Club	3:13.56
4	Graci, Raffaele	12	Putteridge Swimming Club	3:14.55
5	Muntasir, Alloo	12	Stevenage Swimming Club	3:19.30
6	Paganuzzi, Louis	12	City of St Albans Swim Club	3:48.84

**Event 11 Boys 13 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Green, Joel M	13	City of St Albans Swim Club	2:45.42
2	Muncer, Ralph	13	City of St Albans Swim Club	2:45.50
3	Cook, Matthew	13	Stevenage Swimming Club	2:48.47
4	Stewart, Nathan	13	Stevenage Swimming Club	2:55.42
5	Cook, James	13	City of St Albans Swim Club	3:06.02

**Event 11 Boys 14 Year Olds 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Kumarage, Thushira	14	City of St Albans Swim Club	2:32.68
2	Keane, Callum	14	City of St Albans Swim Club	2:33.36
---	Tooze, Jeffrey	14	Stevenage Swimming Club	DQ
	9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM			

**Event 11 Boys 17-18 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, Peter	17	City of St Albans Swim Club	2:22.59

**Event 12 Girls 9 Year Olds 50 SC Meter Backstroke**

Sponsor: The Geers Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Coia-Bell, Lucy	9	City of St Albans Swim Club	43.87
2	McGrath, Sarah	9	City of St Albans Swim Club	45.53
3	Moule, Evie	9	City of St Albans Swim Club	47.73
4	Bellis, Hannah	9	City of St Albans Swim Club	48.78
5	Samols, Jemima	9	City of St Albans Swim Club	49.12
6	Ellis, Iorwen	9	City of St Albans Swim Club	49.62
7	Pullan, Mia	9	City of St Albans Swim Club	49.93
8	Paganuzzi, Francesca	9	City of St Albans Swim Club	52.35
9	Ledger, Sophie	9	Team Luton	53.07
10	Mann, Frances	9	Stevenage Swimming Club	55.00
11	Bashford, Kirsten	9	Team Luton	55.93
12	Campbell, Lara	9	Putteridge Swimming Club	55.99

**Event 12 Girls 10 Year Olds 50 SC Meter Backstroke**

Sponsor: The Geers Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Patrick, Jessica	10	City of St Albans Swim Club	35.93
2	Geurts, Florie	10	City of St Albans Swim Club	38.49
3	Dunwoodie, Eilidh	10	City of St Albans Swim Club	39.50
4	Godfrey, Isabelle M	10	City of St Albans Swim Club	45.00
5	Robertson, Jessica J	10	City of St Albans Swim Club	45.68
6	Hindle, Sophie	10	Stevenage Swimming Club	46.01



**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 12 Girls 10 Year Olds 50 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
7	Holliss, Ellie F	10	City of St Albans Swim Club	46.39
8	Fallon, Anna	10	Team Luton	46.43
9	Cameron, Iris	10	Stevenage Swimming Club	47.54
10	McGrath, Juliette	10	City of St Albans Swim Club	47.81
11	Kelly, Sophie A	10	City of St Albans Swim Club	49.48
12	Langley, Holly	10	Team Luton	50.22
13	Kent, Bailey	10	Stevenage Swimming Club	50.41
14	Walmsley, Menna	10	Team Luton	50.74
15	Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	51.33

**Event 12 Girls 11 Year Olds 50 SC Meter Backstroke****Sponsor: The Geers Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Lauren	11	City of St Albans Swim Club	36.71
2	Taylor, Sophie	11	City of St Albans Swim Club	38.95
3	Rawlinson, Harriet	11	City of St Albans Swim Club	41.12
4	Woolgrove, Freya L	11	City of St Albans Swim Club	41.99
5	McLeod, Jessica	11	Putteridge Swimming Club	42.26
6	Lavin, Chloe	11	City of St Albans Swim Club	42.71
7	Barron, Harriet	11	City of St Albans Swim Club	42.72
8	Wallace, Helen R	11	City of St Albans Swim Club	44.80
9	Vardy, Rachel	11	Hertsmeres Flyers	46.02
10	Howard, Shelley	11	Hertsmeres Flyers	48.30
11	Rock, Abigail	11	Hertsmeres Flyers	50.76
12	Howard, Natalie	11	Hertsmeres Flyers	50.94
13	Walsh, Ruby e	11	Stevenage Swimming Club	55.14

**Event 12 Girls 12 Year Olds 50 SC Meter Backstroke****Sponsor: The Geers Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wylie, Grace	12	City of St Albans Swim Club	35.30
2	Weston, Tori	12	City of St Albans Swim Club	38.89
3	Birkett, Emily	12	City of St Albans Swim Club	39.64
4	Platten, Francesca	12	Stevenage Swimming Club	39.86
5	Rayden, Emily K	12	City of St Albans Swim Club	41.23
6	Walmsley, Celyn	12	Team Luton	41.25

**Event 12 Girls 13 Year Olds 50 SC Meter Backstroke****Sponsor: The Geers Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wood, Eleanor	13	City of St Albans Swim Club	35.94
2	Green, Faith S	13	City of St Albans Swim Club	36.28
3	Horne, Grace	13	City of St Albans Swim Club	37.10
4	Brooks, Emma M	13	City of St Albans Swim Club	38.22
5	Brockman, Anna	13	Stevenage Swimming Club	38.79

**Event 12 Girls 14 Year Olds 50 SC Meter Backstroke****Sponsor: The Geers Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Horne, Zoe A	14	City of St Albans Swim Club	35.54
2	Crick, Elise	14	Putteridge Swimming Club	36.91
3	Tan, Sarah	14	City of St Albans Swim Club	36.94
4	Sulaman, Lara	14	Bushey Amateur Swimming Club	39.92

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 12 Girls 15-16 50 SC Meter Backstroke**

Sponsor: The Geers Family

	Name	Age	Team	Finals Time
1	Lawson, Georgina	16	City of St Albans Swim Club	31.68
2	Geers, Heather	15	City of St Albans Swim Club	34.88
3	Gooden, Briony	16	Bushey Amateur Swimming Club	35.35
4	Lees, Emma	15	City of St Albans Swim Club	35.45
5	Moody, May	16	City of St Albans Swim Club	36.65
6	Baradaran, Kimia	15	Hertsmere Flyers	37.62
7	Eggington, Alana	15	City of St Albans Swim Club	38.69
8	Brown, Chiara	15	Bushey Amateur Swimming Club	40.59
9	Pether, Charlotte J	15	City of St Albans Swim Club	40.87
10	Holt, Sarah	15	City of St Albans Swim Club	41.58

**Event 12 Girls 17-18 50 SC Meter Backstroke**

Sponsor: The Geers Family

	Name	Age	Team	Finals Time
1	Hawkins, Rachel	17	Swim Bournemouth	32.56

**Event 13 Boys 9 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Richardson, Edward	9	City of St Albans Swim Club	54.48
2	Chown, Max	9	City of St Albans Swim Club	54.98
3	Whyte, Nyles	9	Team Luton	56.18
4	Mason, Joseph	9	City of St Albans Swim Club	58.95
5	Woolgrove, Alasdair	9	City of St Albans Swim Club	59.19
6	Martin, Matthew	9	City of St Albans Swim Club	59.29
7	Cornforth, Benjamin	9	Team Luton	1:01.10
8	Birkett, Kieran	9	City of St Albans Swim Club	1:01.26
9	Browne, Rafael	9	Stevenage Swimming Club	1:03.72
10	Lee-Baron, Ethan	9	City of St Albans Swim Club	1:06.69
---	Daly, Oliver	9	City of St Albans Swim Club	DQ
	7.6 Did not touch at turn or finish with both hands			
---	Walsh, ben	9	Stevenage Swimming Club	DQ
	7.6 Did not touch at turn or finish with both hands			

**Event 13 Boys 10 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Wilde, JJ	10	Putteridge Swimming Club	49.02
2	Brice, Oscar	10	City of St Albans Swim Club	50.03
3	Trewin, Joshua	10	City of St Albans Swim Club	50.58
4	Jarman, Thomas G	10	City of St Albans Swim Club	50.74
5	Newsham, Ethan	10	City of St Albans Swim Club	51.85
6	Bottomley, Alex	10	City of St Albans Swim Club	52.15
7	Cook, Ciaran	10	City of St Albans Swim Club	52.71
8	Flatt, Henry	10	City of St Albans Swim Club	53.48
9	Martin, Daniel	10	City of St Albans Swim Club	53.86
10	Thornley, James	10	Hertsmere Flyers	54.16
11	Oakley, Samuel	10	Hertsmere Flyers	56.75
12	Hop, Tyler	10	City of St Albans Swim Club	58.25
---	Quigley, Robert	10	City of St Albans Swim Club	DQ
	4.4 Start before starting signal			

**Event 13 Boys 11 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Horne, Alex	11	City of St Albans Swim Club	45.72
2	King, Charlie	11	City of St Albans Swim Club	47.47
3	Tudor, James	11	City of St Albans Swim Club	48.19

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 13 Boys 11 Year Olds 50 SC Meter Breaststroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
4	Millar, Theo C	11	City of St Albans Swim Club	48.32
5	McDonald, Samuel J	11	City of St Albans Swim Club	48.66
6	Burns, Dominic	11	Stevenage Swimming Club	49.24
7	Foreman, Joshua	11	Hertsmere Flyers	49.70
8	Warnock, Alfie	11	Putteridge Swimming Club	50.38
9	Arbuthnott, Freddie H	11	City of St Albans Swim Club	51.25
10	Meadows, Cameron	11	City of St Albans Swim Club	52.16
11	Coupland, Maxwell	11	Stevenage Swimming Club	52.46
12	Mitchell, Alasdair J	11	City of St Albans Swim Club	53.93
13	Brockman, Will	11	Stevenage Swimming Club	54.16
14	Fisher, Callum	11	Team Luton	59.67
15	Griggs, Luke	11	Putteridge Swimming Club	1:01.28
16	Chadney, George I	11	City of St Albans Swim Club	1:03.86
---	Wagman, Sam	11	Hertsmere Flyers	DQ

7.3 Hands not pushed forward together from the breast on, under, or over the water

**Event 13 Boys 12 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Pocock, Ryan	12	Stevenage Swimming Club	43.33
2	Elsen, Joseph	12	Bushey Amateur Swimming Club	43.48
3	Muntasir, Alloo	12	Stevenage Swimming Club	46.35
4	Elesin, Tolu	12	Hertsmere Flyers	46.41
5	Uzwyshyn-Jones, Maksym T	12	City of St Albans Swim Club	46.51
6	Brice, Scott	12	City of St Albans Swim Club	46.86
7	Paganuzzi, Louis	12	City of St Albans Swim Club	50.61
8	Howard, Ishai	12	Hertsmere Flyers	51.49
9	Williams, Godfrey	12	Team Luton	52.00
10	Rodgers, Connor	12	Putteridge Swimming Club	54.56

**Event 13 Boys 13 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cook, Matthew	13	Stevenage Swimming Club	37.93
2	Muncer, Ralph	13	City of St Albans Swim Club	38.52
3	Millar, Daniel	13	City of St Albans Swim Club	42.85
4	Toland, Thomas	13	City of St Albans Swim Club	43.53
5	Mulholland, Krishnan	13	City of St Albans Swim Club	44.36
6	Oakley, Peter	13	Hertsmere Flyers	45.36
7	Compton, Liam	13	Putteridge Swimming Club	48.62

**Event 13 Boys 14 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ong, Alexander	14	City of St Albans Swim Club	33.08
2	Kumarage, Thushira	14	City of St Albans Swim Club	36.67
3	Loveman, George G	14	City of St Albans Swim Club	36.99

**Event 13 Boys 15-16 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murray, Joe	15	Putteridge Swimming Club	34.14
2	Schindler, Daniel	15	City of St Albans Swim Club	36.03

**Event 13 Boys 17-18 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, Peter	17	City of St Albans Swim Club	32.38

**Event 13 Boys 19 & Over 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Loveman, James J	20	City of St Albans Swim Club	29.87

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 14 Girls 10 Year Olds 100 SC Meter Butterfly****Sponsor: The Stott family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Patrick, Jessica	10	City of St Albans Swim Club	1:25.36
2	Dunwoodie, Eilidh	10	City of St Albans Swim Club	1:48.55
3	Hindle, Sophie	10	Stevenage Swimming Club	1:52.38

**Event 14 Girls 11 Year Olds 100 SC Meter Butterfly****Sponsor: The Stott family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Lauren	11	City of St Albans Swim Club	1:15.67
2	Chown, Ella	11	City of St Albans Swim Club	1:16.23
3	Tan, Natasha	11	Hertsmere Flyers	1:32.66
4	Rumley, Emily	11	Stevenage Swimming Club	2:00.17

**Event 14 Girls 12 Year Olds 100 SC Meter Butterfly****Sponsor: The Stott family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Jarman, Megan F	12	City of St Albans Swim Club	1:15.59
2	Matthews, Charlotte	12	Bishops Stortford	1:16.20
3	Turley, Jessica	12	Stevenage Swimming Club	1:22.89
4	Platten, Francesca	12	Stevenage Swimming Club	1:32.65
---	Walmsley, Celyn	12	Team Luton	DQ

8.3 Alternating movement of legs or feet

**Event 14 Girls 13 Year Olds 100 SC Meter Butterfly****Sponsor: The Stott family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Shannon	13	City of St Albans Swim Club	1:08.27
2	Green, Faith S	13	City of St Albans Swim Club	1:27.68

**Event 14 Girls 17-18 100 SC Meter Butterfly****Sponsor: The Stott family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Rosa	17	City of St Albans Swim Club	1:12.00
2	Hawkins, Rachel	17	Swim Bournemouth	1:14.38

**Event 15 Boys 10 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Bartholomew, Cameron	10	Hillingdon SC	1:16.87
2	Jex, Edward	10	City of St Albans Swim Club	1:17.84
3	Flatt, Henry	10	City of St Albans Swim Club	1:20.21
4	Trewin, Joshua	10	City of St Albans Swim Club	1:22.54
5	Cook, Ciaran	10	City of St Albans Swim Club	1:22.64
6	Kotecha, Arjun	10	City of St Albans Swim Club	1:29.96
7	Thornley, James	10	Hertsmere Flyers	1:32.99
8	Hop, Tyler	10	City of St Albans Swim Club	1:59.08

**Event 15 Boys 11 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cadenhead, Thomas	11	City of St Albans Swim Club	1:13.35
2	Muncer, Guy	11	City of St Albans Swim Club	1:15.96
3	McDonald, Samuel J	11	City of St Albans Swim Club	1:23.68
4	Tudor, James	11	City of St Albans Swim Club	1:26.10
5	Coupland, Maxwell	11	Stevenage Swimming Club	1:26.17
6	Meadows, Cameron	11	City of St Albans Swim Club	1:26.47
7	Griggs, Luke	11	Putteridge Swimming Club	1:32.90

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 15 Boys 11 Year Olds 100 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
8	Chadney, George I	11	City of St Albans Swim Club	1:45.22
9	Fisher, Callum	11	Team Luton	1:48.49

**Event 15 Boys 12 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Muckleston, Ben	12	City of St Albans Swim Club	1:08.76
2	Rinkoff, Daniel	12	Hertsmere Flyers	1:09.86
3	Pocock, Ryan	12	Stevenage Swimming Club	1:14.11
4	Uzwyszyn-Jones, Maksym T	12	City of St Albans Swim Club	1:21.70
5	Brice, Scott	12	City of St Albans Swim Club	1:23.05
6	Cole, Sam	12	Putteridge Swimming Club	1:23.72
7	Paganuzzi, Louis	12	City of St Albans Swim Club	1:29.72
8	Robertson, Finlay J	12	City of St Albans Swim Club	1:30.13
---	Rodgers, Connor	12	Putteridge Swimming Club	DQ
	4.4 Start before starting signal			
---	Hitchen, Elliot J	12	City of St Albans Swim Club	DQ
	4.4 Start before starting signal			

**Event 15 Boys 13 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, David	13	City of St Albans Swim Club	1:05.99
2	Millar, Daniel	13	City of St Albans Swim Club	1:08.07
3	Toland, Thomas	13	City of St Albans Swim Club	1:08.71
4	Muncer, Ralph	13	City of St Albans Swim Club	1:08.77
5	Stewart, Nathan	13	Stevenage Swimming Club	1:09.18
6	Cook, James	13	City of St Albans Swim Club	1:12.65
7	Mulholland, Krishnan	13	City of St Albans Swim Club	1:18.06
8	Compton, Liam	13	Putteridge Swimming Club	1:25.66

**Event 15 Boys 14 Year Olds 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ferreira, Ross D	14	City of St Albans Swim Club	58.15
2	Martin, Adam	14	Hertsmere Flyers	59.65
3	Kumarage, Thushira	14	City of St Albans Swim Club	1:02.29
4	Keane, Callum	14	City of St Albans Swim Club	1:04.30
5	Tooze, Jeffrey	14	Stevenage Swimming Club	1:08.04
6	Brown, Jack	14	Putteridge Swimming Club	1:10.28

**Event 15 Boys 15-16 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Liam	15	City of St Albans Swim Club	53.23
2	Cook, James	15	Stevenage Swimming Club	58.56
3	Schindler, Daniel	15	City of St Albans Swim Club	58.80
4	Manning, Harry W	16	City of St Albans Swim Club	59.61
5	Crick, Leone	16	Putteridge Swimming Club	1:01.39
6	Hensman, Joseph	15	City of St Albans Swim Club	1:01.87
7	Murray, Joe	15	Putteridge Swimming Club	1:02.12
8	Down, Alexander W	15	City of St Albans Swim Club	1:08.02

**Event 15 Boys 17-18 100 SC Meter Freestyle****Sponsor: The Cadenhead Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, Peter	17	City of St Albans Swim Club	58.71

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 16 Girls 9 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Coia-Bell, Lucy	9	City of St Albans Swim Club	38.88
2	McGrath, Sarah	9	City of St Albans Swim Club	41.55
3	Moule, Evie	9	City of St Albans Swim Club	42.72
4	Samols, Jemima	9	City of St Albans Swim Club	43.77
5	Mann, Frances	9	Stevenage Swimming Club	43.89
6	Bellis, Hannah	9	City of St Albans Swim Club	44.56
7	Bhagrath, Lily I	9	City of St Albans Swim Club	44.93
8	Ellis, Iorwen	9	City of St Albans Swim Club	46.35
9	Paganuzzi, Francesca	9	City of St Albans Swim Club	48.81
10	Reid, Anne-Marie	9	City of St Albans Swim Club	49.40
11	Campbell, Lara	9	Putteridge Swimming Club	49.56
12	Pullan, Mia	9	City of St Albans Swim Club	49.72
13	Bashford, Kirsten	9	Team Luton	52.31

**Event 16 Girls 10 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Patrick, Jessica	10	City of St Albans Swim Club	33.12
2	Geurts, Florie	10	City of St Albans Swim Club	35.54
3	Dunwoodie, Eilidh	10	City of St Albans Swim Club	36.09
4	Stedman, Grace	10	City of St Albans Swim Club	36.11
5	Peaty, Amanda	10	City of St Albans Swim Club	38.67
6	Godfrey, Isabelle M	10	City of St Albans Swim Club	38.71
7	Cameron, Iris	10	Stevenage Swimming Club	41.07
8	Holliss, Ellie F	10	City of St Albans Swim Club	41.22
9	Robertson, Jessica J	10	City of St Albans Swim Club	42.37
10	Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	44.98
11	Kent, Bailey	10	Stevenage Swimming Club	44.99
12	Walmsley, Menna	10	Team Luton	45.42
13	Kelly, Sophie A	10	City of St Albans Swim Club	50.31
---	McGrath, Juliette	10	City of St Albans Swim Club	DQ

4.4 Start before starting signal

**Event 16 Girls 11 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Egenes, Nicole	11	City of St Albans Swim Club	34.08
2	Opoku-Gyamfi, Charlotte	11	Team Luton	34.59
3	McLeod, Jessica	11	Putteridge Swimming Club	34.83
4	Taylor, Sophie	11	City of St Albans Swim Club	35.44
5	Mason, Millie	11	City of St Albans Swim Club	36.77
6	Vardy, Rachel	11	Hertsmer Flyers	38.83
7	Blakemore, Eleanor	11	Team Luton	39.08
8	Woolgrove, Freya L	11	City of St Albans Swim Club	39.21
9	Barron, Harriet	11	City of St Albans Swim Club	39.22
10	Lavin, Chloe	11	City of St Albans Swim Club	39.59
11	Rock, Abigail	11	Hertsmer Flyers	41.13
12	Wallace, Helen R	11	City of St Albans Swim Club	43.14
13	Walsh, Ruby e	11	Stevenage Swimming Club	43.26
14	Howard, Natalie	11	Hertsmer Flyers	43.81
15	Fafowora, Isabelle	11	City of St Albans Swim Club	44.57
16	Howard, Shelley	11	Hertsmer Flyers	44.60
17	Haestier, Tilly	11	Putteridge Swimming Club	44.81
18	Siddle, Ella	11	City of St Albans Swim Club	45.52

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 16 Girls 11 Year Olds 50 SC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
19	Adams, Tara	11	City of St Albans Swim Club	45.88
---	Tan, Natasha	11	Hertsmere Flyers	X34.97

**Event 16 Girls 12 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Wylie, Grace	12	City of St Albans Swim Club	32.10
2	Turley, Jessica	12	Stevenage Swimming Club	32.88
3	Weston, Tori	12	City of St Albans Swim Club	34.36
4	Birkett, Emily	12	City of St Albans Swim Club	34.73
5	Daly, Emily	12	City of St Albans Swim Club	35.91
6	Robin, Sophie J	12	City of St Albans Swim Club	36.24
7	Rayden, Emily K	12	City of St Albans Swim Club	36.75
8	Chadwick, Jessica J	12	City of St Albans Swim Club	36.83

**Event 16 Girls 13 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Shannon	13	City of St Albans Swim Club	29.82
2	Wood, Eleanor	13	City of St Albans Swim Club	30.79
3	Bennett, Freya	13	City of St Albans Swim Club	32.12
4	Laitner, Jessica R	13	City of St Albans Swim Club	32.52
5	Horne, Grace	13	City of St Albans Swim Club	32.90
6	Brockman, Anna	13	Stevenage Swimming Club	33.51
7	Andreeva, Marina	13	City of St Albans Swim Club	35.85

**Event 16 Girls 14 Year Olds 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ellis, Rhiannon	14	City of St Albans Swim Club	31.31
2	Horne, Zoe A	14	City of St Albans Swim Club	31.88
3	Tan, Sarah	14	City of St Albans Swim Club	32.69
4	Sulaman, Lara	14	Bushey Amateur Swimming Club	35.27
5	Kramer, Eden	14	Hertsmere Flyers	36.45

**Event 16 Girls 15-16 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Lawson, Georgina	16	City of St Albans Swim Club	28.81
2	Cadenhead, Catriona	15	City of St Albans Swim Club	30.43
3	Moody, May	16	City of St Albans Swim Club	30.51
4	Geers, Heather	15	City of St Albans Swim Club	30.58
5	Lees, Emma	15	City of St Albans Swim Club	31.00
6	Hall, Eleanor	15	City of St Albans Swim Club	31.34
7	Baradaran, Kimia	15	Hertsmere Flyers	32.15
8	Gooden, Briony	16	Bushey Amateur Swimming Club	32.46
9	Eggington, Alana	15	City of St Albans Swim Club	33.33
10	Brown, Chiara	15	Bushey Amateur Swimming Club	33.65
11	Pether, Charlotte J	15	City of St Albans Swim Club	37.64

**Event 16 Girls 17-18 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Brown, Kezia	17	Bushey Amateur Swimming Club	30.51

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 16 Girls 19 & Over 50 SC Meter Freestyle****Sponsor: The Georgie Lawson 50 free**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Winfield, Holly	19	City of St Albans Swim Club	30.62
---	Beard, Chloe	19	Stevenage Swimming Club	X30.90

**Event 17 Boys 9 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Chown, Max	9	City of St Albans Swim Club	45.04
2	Richardson, Edward	9	City of St Albans Swim Club	45.75
3	Cornforth, Benjamin	9	Team Luton	57.27

**Event 17 Boys 10 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Murtagh, Daniel	10	Stevenage Swimming Club	36.99
2	Brice, Oscar	10	City of St Albans Swim Club	43.40
3	Kotecha, Arjun	10	City of St Albans Swim Club	43.59
4	Jarman, Thomas G	10	City of St Albans Swim Club	47.22
5	Wilde, JJ	10	Putteridge Swimming Club	48.30
6	Bottomley, Alex	10	City of St Albans Swim Club	51.18
7	Thornley, James	10	Hertsmere Flyers	53.10

**Event 17 Boys 11 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Warnock, Alfie	11	Putteridge Swimming Club	39.78
2	Foreman, Joshua	11	Hertsmere Flyers	40.79
3	Millar, Theo C	11	City of St Albans Swim Club	45.37
4	Tudor, James	11	City of St Albans Swim Club	54.81
5	Coupland, Maxwell	11	Stevenage Swimming Club	1:00.49

**Event 17 Boys 12 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hitchen, Elliot J	12	City of St Albans Swim Club	35.98
2	Rinkoff, Daniel	12	Hertsmere Flyers	37.25
3	McCarthy, Kieran	12	City of St Albans Swim Club	39.79
4	Norman, Oliver S	12	City of St Albans Swim Club	40.46
5	Muntasir, Alloo	12	Stevenage Swimming Club	42.26
6	Elesin, Tolu	12	Hertsmere Flyers	45.48
7	Uzwyshyn-Jones, Maksym T	12	City of St Albans Swim Club	47.21
8	Williams, Godfrey	12	Team Luton	49.11

**Event 17 Boys 13 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Cook, Matthew	13	Stevenage Swimming Club	32.67
2	Green, Joel M	13	City of St Albans Swim Club	34.85
3	Stewart, Nathan	13	Stevenage Swimming Club	35.79
4	Mulholland, Krishnan	13	City of St Albans Swim Club	44.82

**Event 17 Boys 14 Year Olds 50 SC Meter Butterfly****Sponsor: The Chown Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ferreira, Ross D	14	City of St Albans Swim Club	29.74
2	Ong, Alexander	14	City of St Albans Swim Club	31.56
3	Tooze, Jeffrey	14	Stevenage Swimming Club	33.58



**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 17 Boys 14 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
4 Loveman, George G	14	City of St Albans Swim Club	35.09

**Event 17 Boys 15-16 50 SC Meter Butterfly**

Sponsor: The Chown Family

Name	Age	Team	Finals Time
1 Curran, Liam	15	City of St Albans Swim Club	26.96
2 Schindler, Daniel	15	City of St Albans Swim Club	29.40
3 Crick, Leone	16	Putteridge Swimming Club	29.91
4 Cook, James	15	Stevenage Swimming Club	29.95
5 Manning, Harry W	16	City of St Albans Swim Club	30.13
6 Murray, Joe	15	Putteridge Swimming Club	31.50

**Event 17 Boys 19 & Over 50 SC Meter Butterfly**

Sponsor: The Chown Family

Name	Age	Team	Finals Time
1 Binns, Kevin	52	Bushey Amateur Swimming Club	31.51

**Event 18 Girls 10 Year Olds 100 SC Meter Breaststroke**

Sponsor: The Ong Family

Name	Age	Team	Finals Time
1 Stedman, Grace	10	City of St Albans Swim Club	1:43.32
2 Godfrey, Isabelle M	10	City of St Albans Swim Club	1:49.35
3 Bird, Jessie	10	Stevenage Swimming Club	1:52.37
4 Robertson, Jessica J	10	City of St Albans Swim Club	1:55.79
5 Uzwyshyn-Jones, Zoryana T	10	City of St Albans Swim Club	2:01.79
6 Brooks, Jennifer	10	Team Luton	2:02.42
7 Langley, Holly	10	Team Luton	2:05.07
8 Hindle, Sophie	10	Stevenage Swimming Club	2:05.34
9 Kent, Bailey	10	Stevenage Swimming Club	2:06.41
10 Kelly, Sophie A	10	City of St Albans Swim Club	2:07.72
--- Walmsley, Menna	10	Team Luton	X2:08.85

**Event 18 Girls 11 Year Olds 100 SC Meter Breaststroke**

Sponsor: The Ong Family

Name	Age	Team	Finals Time
1 Chown, Ella	11	City of St Albans Swim Club	1:30.29
2 Egenes, Nicole	11	City of St Albans Swim Club	1:35.97
3 Opoku-Gyamfi, Charlotte	11	Team Luton	1:44.23
4 Lavin, Chloe	11	City of St Albans Swim Club	1:47.82
5 Hughes, Cara	11	Putteridge Swimming Club	1:56.55
6 Haestier, Tilly	11	Putteridge Swimming Club	2:06.08
--- Taylor, Sophie	11	City of St Albans Swim Club	X1:41.41
--- Fafowora, Isabelle	11	City of St Albans Swim Club	DQ

7.2 Body not on breast during swim or when leaving wall after a turn (ex when executing a

**Event 18 Girls 12 Year Olds 100 SC Meter Breaststroke**

Sponsor: The Ong Family

Name	Age	Team	Finals Time
1 Matthews, Charlotte	12	Bishops Stortford	1:25.38
2 Edwards, Emma	12	City of St Albans Swim Club	1:40.72
3 Walmsley, Celyn	12	Team Luton	1:41.01
4 Chadwick, Jessica J	12	City of St Albans Swim Club	1:42.59
5 Daly, Emily	12	City of St Albans Swim Club	1:43.37
6 Rayden, Emily K	12	City of St Albans Swim Club	1:45.12

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 18 Girls 13 Year Olds 100 SC Meter Breaststroke**

Sponsor: The Ong Family

	Name	Age	Team	Finals Time
1	Laitner, Jessica R	13	City of St Albans Swim Club	1:28.21
2	Ong, Monica	13	City of St Albans Swim Club	1:30.34
3	Green, Faith S	13	City of St Albans Swim Club	1:37.04
4	Brooks, Emma M	13	City of St Albans Swim Club	1:38.73
5	Opoku-Gyamfi, Nana	13	Team Luton	1:41.28

**Event 18 Girls 14 Year Olds 100 SC Meter Breaststroke**

Sponsor: The Ong Family

	Name	Age	Team	Finals Time
1	Crick, Elise	14	Putteridge Swimming Club	1:26.60
2	Kramer, Eden	14	Hertsmere Flyers	1:41.47

**Event 18 Girls 15-16 100 SC Meter Breaststroke**

Sponsor: The Ong Family

	Name	Age	Team	Finals Time
1	Hall, Eleanor	15	City of St Albans Swim Club	1:28.43
2	Edwards, Laura	16	City of St Albans Swim Club	1:38.86
3	Holt, Sarah	15	City of St Albans Swim Club	1:39.96

**Event 18 Girls 17-18 100 SC Meter Breaststroke**

Sponsor: The Ong Family

	Name	Age	Team	Finals Time
1	Curran, Rosa	17	City of St Albans Swim Club	1:26.55
2	Brown, Kezia	17	Bushey Amateur Swimming Club	1:27.26

**Event 19 Boys 10 Year Olds 100 SC Meter Backstroke**

Sponsor: The Toland Family

	Name	Age	Team	Finals Time
1	Bartholomew, Cameron	10	Hillingdon SC	1:26.82
2	Trewin, Joshua	10	City of St Albans Swim Club	1:30.94
3	Flatt, Henry	10	City of St Albans Swim Club	1:31.57
---	Thornley, James	10	Hertsmere Flyers	DQ

6.4 Single or double simultaneous arm pull used to initiate turn not performed immediately

**Event 19 Boys 11 Year Olds 100 SC Meter Backstroke**

Sponsor: The Toland Family

	Name	Age	Team	Finals Time
1	Muncer, Guy	11	City of St Albans Swim Club	1:22.23
2	Cadenhead, Thomas	11	City of St Albans Swim Club	1:23.58
3	Foreman, Joshua	11	Hertsmere Flyers	1:24.64
4	King, Charlie	11	City of St Albans Swim Club	1:27.69
5	Warnock, Alfie	11	Putteridge Swimming Club	1:31.40
6	Mitchell, Alasdair J	11	City of St Albans Swim Club	1:36.25
---	Arbuthnott, Freddie H	11	City of St Albans Swim Club	DQ

6.4 More than one single or double simultaneous arm pull used to initiate turn

**Event 19 Boys 12 Year Olds 100 SC Meter Backstroke**

Sponsor: The Toland Family

	Name	Age	Team	Finals Time
1	Muckleston, Ben	12	City of St Albans Swim Club	1:17.49
2	Pocock, Ryan	12	Stevenage Swimming Club	1:23.31
3	Muntasir, Alloo	12	Stevenage Swimming Club	1:27.01
4	McCarthy, Kieran	12	City of St Albans Swim Club	1:27.36
5	Rodgers, Connor	12	Putteridge Swimming Club	1:29.97
6	Graci, Raffaele	12	Putteridge Swimming Club	1:30.66
7	Norman, Oliver S	12	City of St Albans Swim Club	1:31.44

**The Inaugural CoStA Open Meet - 06/07/2014****Results****(Event 19 Boys 12 Year Olds 100 SC Meter Backstroke)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
8	Brice, Scott	12	City of St Albans Swim Club	1:32.61
9	Cole, Sam	12	Putteridge Swimming Club	1:36.62
10	Robertson, Finlay J	12	City of St Albans Swim Club	1:36.86
11	Williams, Godfrey	12	Team Luton	1:41.81

**Event 19 Boys 13 Year Olds 100 SC Meter Backstroke****Sponsor: The Toland Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, David	13	City of St Albans Swim Club	1:14.38
2	Green, Joel M	13	City of St Albans Swim Club	1:16.81
3	Toland, Thomas	13	City of St Albans Swim Club	1:18.02
4	Compton, Liam	13	Putteridge Swimming Club	1:36.50

**Event 19 Boys 14 Year Olds 100 SC Meter Backstroke****Sponsor: The Toland Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Kumarage, Thushira	14	City of St Albans Swim Club	1:12.20
2	Martin, Adam	14	Hertsmere Flyers	1:13.38
3	Loveman, George G	14	City of St Albans Swim Club	1:15.23
4	Tooze, Jeffrey	14	Stevenage Swimming Club	1:19.12

**Event 19 Boys 15-16 100 SC Meter Backstroke****Sponsor: The Toland Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Curran, Liam	15	City of St Albans Swim Club	1:00.24
2	Hensman, Joseph	15	City of St Albans Swim Club	1:08.05
3	Cook, James	15	Stevenage Swimming Club	1:12.63

**Event 19 Boys 17-18 100 SC Meter Backstroke****Sponsor: The Toland Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Hensman, Peter	17	City of St Albans Swim Club	1:08.00
2	Jackson, Jack	18	Bushey Amateur Swimming Club	1:10.32

**Event 20 Girls 9 Year Olds 200 SC Meter Freestyle****Sponsor: Wylie Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Gilbert, Laila	9	Team Luton	3:12.08
2	Coia-Bell, Lucy	9	City of St Albans Swim Club	3:20.40
3	Mann, Frances	9	Stevenage Swimming Club	3:24.87
4	Moule, Evie	9	City of St Albans Swim Club	3:29.06
5	Bellis, Hannah	9	City of St Albans Swim Club	3:31.94
6	Samols, Jemima	9	City of St Albans Swim Club	3:37.17
7	Ledger, Sophie	9	Team Luton	3:51.42
8	Bashford, Kirsten	9	Team Luton	4:21.29

**Event 20 Girls 10 Year Olds 200 SC Meter Freestyle****Sponsor: Wylie Family**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Geurts, Florie	10	City of St Albans Swim Club	2:52.66
2	Dunwoodie, Eilidh	10	City of St Albans Swim Club	3:02.94
3	Stedman, Grace	10	City of St Albans Swim Club	3:05.97
4	Hindle, Sophie	10	Stevenage Swimming Club	3:14.22
5	Holliss, Ellie F	10	City of St Albans Swim Club	3:24.84
6	Brooks, Jennifer	10	Team Luton	3:43.09

**The Inaugural CoStA Open Meet - 06/07/2014****Results****Event 20 Girls 11 Year Olds 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Chown, Ella	11	City of St Albans Swim Club	2:22.89
2	Stott, Lauren	11	City of St Albans Swim Club	2:24.98
3	Taylor, Sophie	11	City of St Albans Swim Club	2:47.01
4	Egenes, Nicole	11	City of St Albans Swim Club	2:48.59
5	Tan, Natasha	11	Hertsmere Flyers	2:51.20
6	McLeod, Jessica	11	Putteridge Swimming Club	2:53.91
7	Opoku-Gyamfi, Charlotte	11	Team Luton	2:55.74
8	Woolgrove, Freya L	11	City of St Albans Swim Club	3:12.35
9	Vardy, Rachel	11	Hertsmere Flyers	3:22.17
10	Blakemore, Eleanor	11	Team Luton	3:22.42
11	Hughes, Cara	11	Putteridge Swimming Club	3:23.12

**Event 20 Girls 12 Year Olds 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Jarman, Megan F	12	City of St Albans Swim Club	2:26.16
2	Wylie, Grace	12	City of St Albans Swim Club	2:27.74
3	Weston, Tori	12	City of St Albans Swim Club	2:36.28
4	Birkett, Emily	12	City of St Albans Swim Club	2:47.79
5	Beeston, Grace	12	Putteridge Swimming Club	2:50.01
6	Chadwick, Jessica J	12	City of St Albans Swim Club	2:55.84

**Event 20 Girls 13 Year Olds 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Stott, Shannon	13	City of St Albans Swim Club	2:16.81
2	Wood, Eleanor	13	City of St Albans Swim Club	2:25.28
3	Horne, Grace	13	City of St Albans Swim Club	2:25.99
4	Laitner, Jessica R	13	City of St Albans Swim Club	2:31.96
5	Bennett, Freya	13	City of St Albans Swim Club	2:36.10
6	Ong, Monica	13	City of St Albans Swim Club	2:37.55
7	Andreeva, Marina	13	City of St Albans Swim Club	2:51.26
8	Opoku-Gyamfi, Nana	13	Team Luton	3:08.01

**Event 20 Girls 14 Year Olds 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Ellis, Rhiannon	14	City of St Albans Swim Club	2:33.91
2	Kramer, Eden	14	Hertsmere Flyers	3:05.37

**Event 20 Girls 15-16 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Lees, Emma	15	City of St Albans Swim Club	2:20.30
2	Geers, Heather	15	City of St Albans Swim Club	2:20.59
3	Cadenhead, Catriona	15	City of St Albans Swim Club	2:24.99
4	Edwards, Jessica	15	City of St Albans Swim Club	2:38.24
5	Holt, Sarah	15	City of St Albans Swim Club	2:38.54

**Event 20 Girls 19 & Over 200 SC Meter Freestyle**

Sponsor: Wylie Family

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Winfield, Holly	19	City of St Albans Swim Club	2:23.84